### FOR ALL SEMESTER- II

DRUG ABUSE: PROBLEM, MANAGEMENT AND PREVENTION (Subject Code: BDRUG-102)

Max Marks: 35

**Internal Assessment: 15** 

Total Marks: 50

Total Lectures: 24

Pass: 40%

Lectures per week 03

Credits: 02

# INSTRCTIONS FOR THE PAPER SETTERS

The question paper will consist of three sections A, B and C. Each of sections A and B will have four questions from the respective sections of the syllabus. Each question shall carry 5 marks. Section C will consist of 15 short answer type of 1 mark each.

INSTRUCTION FOR THE CANDIDATES

Candidates are required to attempt any two questions from section A and any two questions from section B. Section C is compulsory.

SECTION A

UNIT: 1 - Problem of Drug Abuse: Concept and Overview; Types of Drug Often Abused

(a) Concept and Overview

What are drugs and what constitutes Drug Abuse?

Prevalence of menace of Drug Abuse

How drug Abuse is different from Drug Dependence and Drug Addiction?

Physical and psychological dependence-concepts of drug tolerance

(b) Introduction to drugs of abuse: Short-Term, Long-term effects & withdrawal symptoms

Stimulants: Amphetamines, Cocaine, Nicotine

Depressants: Alcohol, Barbiturates-Nembutal, Seconal, Phenobarbital Benzodiazepines

-Diazepam, Alprazolam, Flunitrazepam

Narcotics: Opium, morphine, heroin

Hallucinogens: Cannabis & derivatives (marijuana, hashish, hash oil)

Steroids

Inhalants

08hrs.

UNIT: II - Nature of the Problem

Vulnerable Age Groups

Mainap

Olha hames four

Signs and symptoms of Drug Abuse

- (a) Physical indicators
- (b) Academic indicators
- (c) Behavioural and Psychological indicators

04hrs.

#### SCETION B

#### UNIT: III - Causes and Consequences of Drug Abuse

(a) Causes

Physiological

Physiological

Sociological

#### (b) Consequences of Drug Abuse

For individuals

For families

For society & Nation

06hrs.

# Unit: IV - Management & Prevention of Drug Abuse

Management of Drug Abuse

Prevention of Drug Abuse

Role of Family, School, Media, Legislation & Deaddiction Centers. holder to

1:15

06hrs.

### Suggested readings

- 1. Kappor. T. (1985) Drug Epidemic among Indian Youth, New Delhi: Mittal Pub
- 2. Modi, Ishwar and Modi, Shalini (1997) Drugs: Addiction and Prevention, Jaipur: Rawat Publication.
- 3. Ahuja, Ram, (2003), Social Problems in India, Rawat Publications: Jaipur
- 4. 2003 National House hold Survey of Alcohol and Drug Abuse, New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
- 5. Wold Drug Report 2011, United Nations Office of Drug and Crime.
- 6. Wold Drug Report 2010, United nations Office of Drug and Crime.
- 7. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
- 8. The Narcotic Drugs and Psychotropic Substances Act, 1985, (New Delhi: Universal, 2012)

# Pedagogy of the Course Work:

The pedagogy of the course work will consist of the following:

70% lectures (including expert lectures).

30% assignments, discussion and seminars and class tests.

Note: A visit to drug de-addiction centre could also be undertaken.

what ha